

Family Supports Summer 2020

Those who are able please go to www.kindnessmidlothian.co.uk for local contacts and online request forms.	
Parenting Support	<p>If you need to talk there is lots of support and help during these times;</p> <p>Parent Club www.parentclub.scot</p> <p>Parent Line 08000 28 22 33 www.children1st.org.uk</p> <p>Listening Line 0131 271 2834 Mon-Fri 10-4pm</p> <p>Shout www.giveusashout.org or free text 85258 24 hours per day</p>
Money	<p>Scottish Welfare Fund for Scottish Welfare fund Crisis or Welfare Grant 0131 270 5600 or online https://www.midlothian.gov.uk/downloads/download/18/the_scottish_welfare_fund_application_forms</p> <p>The Scottish Welfare Fund offer two types of grant:</p> <ul style="list-style-type: none"> • Crisis Grants may help if you are in crisis because of a disaster, like a fire or flood, or an emergency such as losing all your money or having to visit a sick child in hospital. • Community Care may help if you are about to leave care to live on your own in the community, or to help if you are struggling to provide a safe and secure home for your family. <p>Advice available from Telephone: 0131 271 3201 or Email: revenues.enquiries@midlothian.gov.uk</p> <p>Universal Credit – https://www.understandinguniversalcredit.gov.uk/employment-and-benefits-support/making-a-new-claim/ New applicants can get an immediate advance on their benefits https://www.gov.uk/universal-credit/get-an-advance-first-payment</p>
Fuel	<p>Fuel - Information and hardship advice</p> <p>Coronavirus - if you can't afford to top up because you're using more energy:</p> <ul style="list-style-type: none"> • Phone your supplier (number on your bill) if you can't afford to pay for any extra energy because you're having to stay at home. <p>Home Energy Scotland on https://energysavingtrust.org.uk/scotland/home-energy-scotland call 0808 808 2282 8am – 8pm</p> <p>Money Matters provide grants to pay off energy debts or for essential top-ups, call 0141 445 5221 or email energyteam@money mattersweb.co.uk to find out more. More details and a referral form can also be found on their website</p> <p>Coronavirus Emergency Energy Fund - One off payment of £50 to single parent families in Scotland who need help with their gas and electricity. Applications must be submitted by an referrer such as ; Social Work, Housing officer, Welfare Rights Officer, CAB, Foodbank, https://opfs.org.uk/coronavirus-emergency-energy-fund/</p>
Local Help	<p>Many areas / communities and Community Council are trying to help vulnerable / self –isolating people – please contact</p> <ul style="list-style-type: none"> • Those who are able please go to www.kindnessmidlothian.co.uk for local contacts and online request forms. • Midlothian Voluntary Action for advice and information. 4-6 White Hart St, Dalkeith EH22 1AE 0131 663 9471 • Contact Midlothian Co-ordination on CLL@midlothian.gov.uk who are collating a list of local helpers across the authority. • New Scottish Citizens Advice Helpline - launched a new helpline on 14th April call 0800 028 1456, Mo - Frid 9.00 am - 5.00pm
Kinship supports	<p>Kinship Care Advice Service for Scotland (KCASS) 0808 800 0006 – will mainly focus on financial and legal information and advice</p> <ul style="list-style-type: none"> • Kinship Care Alliance - 07490720123 - will mainly focus on local group signposting, practical and emotional support • Big Hearts – 0131 603 4927 – reducing loneliness, support & strategies, peer social support and referrals to local services <p>Nurture Scotland – 07547525674 or 07505855341, supporting educational / school work for carers who have children at home.</p>

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Young Carers /Carers	<p>Shared Care Scotland have pulled together a Short Breaks for Strange Times Resource. There is lots of different ideas and resources that I am sure you will find really useful. : https://www.sharedcarescotland.org.uk/resources/short-breaks-for-strange-times/ Young Scot Young Carers Visit https://young.scot/campaigns/national/young-carers for further information and support, including mental health during the coronavirus outbreak. Or call 0808 801 0338 https://www.midlothian.gov.uk/info/200296/coronavirus/655/advice_for_all_unpaid_carers_during_the_pandemic</p>			
Food	AREA	PROVIDER	Contact (Phone number not to be given to families)	
	Dalkeith Area including Danderhall, Woodburn & Pathhead.	Dalkeith Storehouse	Philip 07928 020 396 or leave text rather than a voice message from 8:30am to 5pm Monday – Friday - case note this on Mosaic.	Will deliver same day or within 24 hours Please note when calling, any specifics e.g. washing powder / nappies etc
	Newbattle Area Including: Mayfield Easthouses, Kippielaw, Newbattle and Newtongrange	Newbattle Storehouse	Sandra Mobile 07704 034 593 from 8:30am to 5pm Monday - Friday case note this on Mosaic.	Will deliver same day or within 24 hours Please note when calling, any specifics e.g. washing powder / nappies etc
	Penicuik – Area: Including Roslin / Roswell/ Auchindinny/ Bilston etc.	FoodStore@PNK Penicuik North Kirk, 95 John Street, Penicuik,	Mobile Phone- 07583 588 426 8.30- 5pm Weekly Foodstore - Call to be made by <u>noon on a Wednesday</u> collection at church on a Thursday 2pm by referrer / CF staff who then deliver to family home. Case note this on Mosaic.	C&F or other referrer staff collection at Penicuik North Kirk at 2pm on Thursdays at Church hall (they do not deliver) Please note when calling, any specifics e.g. washing powder / nappies etc
	All areas Trussel Trust Gorebridge Church for all clients (Adult/ Single / Families etc)	Gorebridge Church Hunterfield Road, Gorebridge.	Phone mobile - 07789 173 276 (Janice) or 07597 359 910 A referral must be made by an agency and no-one can self refer. Trussel Trust has their own referral form but we need to case note this on Mosaic.	Client collects: from Gorebridge Parish Church Mon-Fri 10am until 2pm
	Food Fact Friends	Penicuik & Woodburn	Food bank in Penicuik - St Mungo's Church Hall Monday and Friday 10. 30 till 1pm and Woodburn - MARC building on Woodburn Road Monday 3.30-5pm & Thursday 11am – 2pm	Referral only Send to foodfactsfriends@gmail.com 07507 697109
	Bonnyrigg		Bonnyrigg Community Trust Shop High Street Bonnyrigg is now open as a foodbank	0131 663 2555 Contact by email / phone for referral

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	All clients		Details on Bonnyrigg & Sherwood Community Trust web pages.	form to be returned to bonnyriggtrust@gmail.com
	Gorebridge Resilience / Cares / Beacon	Gorebridge area but working with MAEDT / Mayfield groups	Joint group involving Gorebridge Cares/ Community Council & Beacon for necessary items including the supply of redirected food from other sources and cooking and providing ready meals. For all other supports including shopping / prescriptions etc. please contact Hazel Thomson 07747 792382or Cath McGill 07535 991332	Daily provisions Contact Dawn Barclay dawn@gorebridge.org.uk 07858 285299 (Beacon) 01875 816320
	Loanhead Church	Loanhead area	Loanhead & District Community Council Offering support to those in the Loanhead Community. To undertake shopping etc. for those who can pay – they do not supply food.	landdcc@gmail.com 07942 600 106 Between 10 a.m. and 4 p.m.
	Rosewell Community Cares All clients		Rosewell foodbank Opening times Monday & Thursday's - 17.30-19.30 Food parcels can be dropped off at people homes if self-isolating. VENUE- ROSEWELL PARISH CHURCH HALL	Facebook link only Facebook.com/rosewellcoronavirus/ phone or text 07565 431672

Children & Families Services - Emergency Support

Food - if all other options have been exhausted

Those able to collect & shop	Emergency £20 Vouchers for FARMFOODS can be collected from Reception <ul style="list-style-type: none"> • Staff to get authorisation from TL – sign the sheet and case note on Mosaic (where appropriate)
Those Self Isolating/ ill or unable to shop	Emergency food packs available with options of sanitary products and nappies. <ul style="list-style-type: none"> • Again authorisation where possible and complete the sign in sheet and case note on Mosaic (where appropriate) • Delivery can be available to the home address if necessary – (contact Claire Brookes 271 3793 or Hawthorn C&f Centre) • Available for collection at Eskdail Court and at Hawthorn C&F centre.