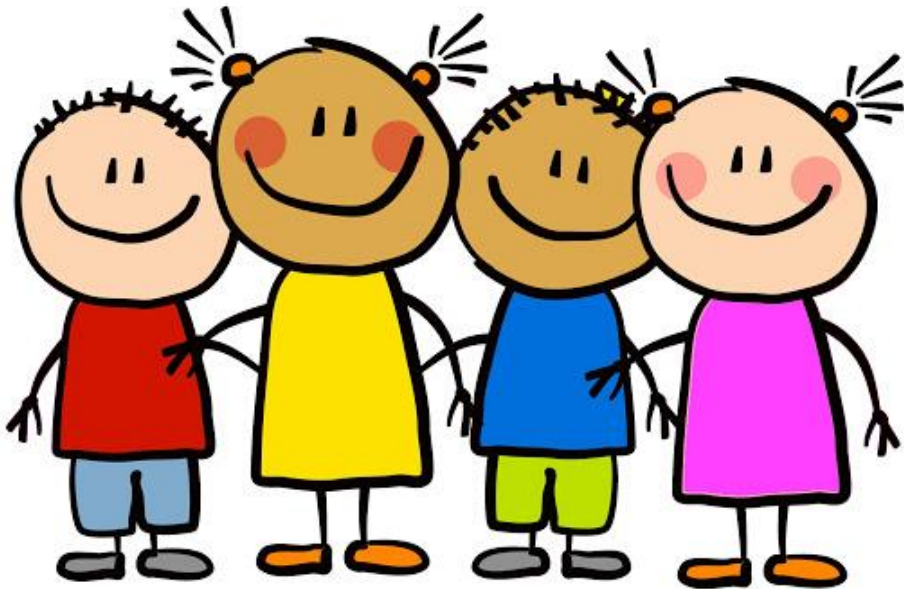


Helping your child



return to Nursery after Coronavirus

What might I need to be ready to return to nursery?

Talk to me
about my
favourite
things at
nursery

Talk to me
about
socially
distancing

Talk to me
about
staying at
nursery on
my own

Talk to me
about what
snacks I
like at
nursery

Tell my key
person how
to recognise
if I'm feeling
anxious or
worried

Talk to me
about my
friends at
nursery

Play games
with me
that I
played in
nursery

Read my
favourite
stories and
then I can
share them
in nursery

What can my parent or carer do to help me get ready?

Re-establish
bed time
routines if
needed –
bath, book,
bed

View the
nursery
virtual
tour.

Make hand
washing fun
with songs
and
counting

Share fun
things we've
learned
together
with my
key person

Make a
Boasting
book to help
me share
what I did
during
lockdown

Share ideas
that will
help me to
feel happy
and
confident

Maintain
good eating
and
drinking
patterns

Be positive
but honest
about what
the return
to nursery
might be
like.

Making a 'boasting book'

A boasting book can be a book, loose papers, an electronic photo album or photographs stored on a cloud.

The idea is that you will have chosen the photographs with your child. You will already have talked about them together at home. They will also need to be accessible to share in the setting. Make a big deal of sharing them with the setting. Everyone should be excited.

The photographs will help to support the link between home and the setting. Children will have had different experiences at home. Using the photographs practitioners can share the experiences and the emotions associated with them creating a link between home and the setting. The content of the photographs are not as important as the conversation that will take place around them and the information key persons will gain about your child's experience in lockdown.



A letter to my key worker

Dear

I am looking forward to seeing you again and having lots of fun playing, learning and seeing my friends.

These are some of the things I have been learning at home:

These are some of the things I want to do when I come back to Nursery:

Other things my family want to tell you about my time at home:

Love from